

Youth Baseball & Softball

Boys and girls who were in Pre-K through 8th grade this past schoo year are invited to learn the fundamentals of baseball and softball from qualified high school and college athletes. Starting in 2nd grade, ball players will also have an opportunity to travel to play against other teams. Game schedules will be sent after registration.

Starts: June 1st - July 9th (playoffs week of July 6th) Cost: Preschool \$20 All others \$35

Teams Practicing In Hoffman

Who: Girls and Boys 4 to 5 years old

When: Mon & Wed - June Only 9:00-10:00 am

Who: Girls and Boys, Grades K - 1st

When: Monday - Thursday: 9:00 - 10:00 am

Who: Girls Grades 2-4 (Travel for games) When: Monday-Thursday: 9:00-10:45 am

Teams Practicing In Barrett

Who: Boys Grades 6th-8th (Travel for games)

When: Mon - Thurs 9:10 - 10:40 am

Who: Boys, Grades 4th - 5th (Travel for games) When: Monday - Thursday: 9:10 - 10:40 am

Girls Fast Pitch Softball

Who: Girls Grades 5th-8th (Travel for games) When: Monday-Thursday: 9:00-10:45 am

Teams Practicing In Kensington

Boys Tossball

Who: Boys Grades 2nd -3rd (Travel for games) When: Mon - Thurs 9:00 - 10:45 am

Teams Practicing In Elbow lake

Who: Girls and Boys 4 to 5 years old

When: Mon & Wed - June Only 9:00-10:00 am

Who: Girls and Boys, Grades K - 1st (Travel for games) **When:** Monday - Thursday: 9:00 - 10:00 am

Who: Girls grades 2-4 (Travel for games) When: Monday-Thursday: 9:00-10:45 am

Who: Boys Grades 2nd-3rd (Travel for games) When: Monday-Thursday: 9:00-10:45 am

Game schedules will be available online and from team coaches. Some games/tournaments will need to be held on Fridays.

Join us on Facebook @wcacomunityed

Transportation for Baseball & Softball

8:30a.m.—Bus leaves Barrett from bus garage & community center for Hoffman. Drops off Pre-K T-ball, T-Ball, Girls Toss in Hoffman

8:40a.m—Picks up Boys Toss, Dwarfs & PeeWees in Hoffman.

8:50a.m.—Drops off Boys toss in Kensington ballpark. Picks up Pre-K, T-ball & Girls Toss for Hoffman Fields and GSB, DW, & PW for Barrett Field.

10:45a.m.—Bus Returns from Barrett with GSB,DW & PW.

10:55a.m.—Drops players off. Picks up players in Hoffman, Pre-K T-ball, T Ball & Girls toss.

11:05a.m.—Drops off K-Town Players. Picks up Boys Toss players for Hoffman and Barrett

8:45 a.m.—Bus Leaves Wendell for Elbow Lake & Drops Off Players in Pre K T-ball, T Ball, Girl's Toss and Boys Toss @ EL Fields.

9 a.m.—Picks up Girls Softball, Dwarf and PeeWee Players from Elbow Lake Fields for Barrett.

10:45a.m.—Return Trip—Bus leaves Barrett for Elbow Lake and from Elbow Lake back to Wen-



PACESETTER BASKETBALL CAMP

Boys and Girls going into grade K through 12th Grade are invited to attend Pacesetter Basketball Camp. Participants will focus on age appropriate fundamentals and learn about hard work, positive attitude, and making basketball fun! Each session is limited to 36 players.

Session 1: Boys and Girls entering Grades K-2 8—9 am \$35 each

Session 2: Boys and Girls entering Grades 3-4 9am-10am \$35 each

Session 3: Boys and Girls entering Grades 5-6 10-11:30am \$55 each

Session 4: Boys and Girls entering Grades 7-12 12:30 - 3:30pm \$85 each

Dates: July 29-31 Location: WCA Secondary School, Barrett

www.pacesettersports.net

Questions: Call Pacesetter at 320-243-7460 or email info@pacesetternet.com

To Register visit our website. https://wca.cr3.rschooltoday.com/public/home/ or call the District Office at 320-528-7305

Little Knights Wrestling

Take wrestling to the next level with this fun and exciting camp Develop and build on your wrestling skills with instruction by WCA-A-BE Head Coach Brandon Gruchow.

Dates: July 20th and 21st

Location: WCA Secondary School Wrestling Room, Barrett **Times:** Grade Pre K-6th (2019-2020 school year)

8:00 - 4:00 pm

Cost: \$40 per wrestler

T-shirts, food, and awards are included in cost! (Please register early so there is enough for everyone)

Little Knights Football Camp

Boys and girls going into Kindergarten through 8th grade are invited to attend this summer's Little Knights Football Camp. Player will learn the fundamentals of offensive and defensive positions, play games like 7 o n 7, and have a Punt, Pass, Kick Competition, and Obstacle Course Race Challenge. (awards will be given to winners of competitions) All Participants will receive a Camp T-Shirt.

Dates: July 7th & 8th

Location: WCA Secondary School Football Field, Barrett

will be rescheduled if there is lightning)

Times: Grades K-4th - 9:30 - 10:30 am Grades 5th-8th 10:45 - 12:00 pm

Cost: \$30 per individual or \$50 per family (t-shirts and awards are included in cost)

Knights Volleyball Camp

Join Head Coach Greg Ueland from Roseville High School and the WCA Varsity coaching staff to hone your skills and improve your overall game. Camp participants will work fundamentals, game and court awareness and strategy. Campers have the opportunity to apply the skills learned in competition throughout camp with various games, competitions and 6-on-6 play.. Don't miss out this summer on this great opportunity.... Sign up Today All Participants will receive a tshirt. Please indicate size on registration form.

Dates: July 27 &28 Location: WCA Secondary School, Barrett

Cost: Individual Grades 5-12 \$75 (including t-shirt) 1-4 pm Varsity & JV Team Camp - \$500 per team 9-Noon

WCA Knights Summer Care

This summer, WCA North Elementary will be offering the Knights Summer Care Program to students in Pre-K through grade 5. Students will have an opportunity to enjoy fun summer programming that includes outdoor activities, arts and crafts, team events and some educational reinforcement. Those that are enrolled in the Knights Summer Program are still able to enjoy other community education classes including Summer Rec.

WCA Community Education will also be partnering with Prairie Ridge Hospital And Health Services to provide lunches to students throughout the summer as well. A monthly menu will be sent home so families can decide whether or not they would like hot lunch or cold lunch each day.

Dates: June 3rd - August 30th

Location: WCA North Elementary Wrap Around Room

Times: 7:00 am - 5:30 pm

Full Day

\$35/Day per registrant for 2-4 days \$150/week per registrant (\$25 discount)

Half Day (4 hours or less)

\$20/Day per registrant

\$80/week per registrant (\$20 discount)

Little Knights Golf Camp

All girls and boys in grades 3rd-7th grade are welcome to come and learn about the game of golf. Golf lessons will include instruction on proper grip; set up; full swing; chipping; putting; and rules and etiquette. During lessons, students will have access to the putting green and range.

Dates: August 4,5 & 6

Location: Tipsinah Mounds Golf Course **Times:** 8:30 am—10am or 10:30 am—Noon

Cost: \$40 **Ages:** 6-13

Knights Athletic Training Camp

Boys and girls in going into grades 8th-12th are invited to join us for this year's Knight Athletic Training Camp. The focus on this summer program will include plyometric work of either upper or lower body, and other anaerobic work of either speed or agility. The program will start off teaching proper mechanics and then develop those mechanics over the summer.

Dates: June 1st -August 7th Monday, Wednesday and Fridays (Off the week of

Location: WCA Secondary School Weight Room **Times:** Boys Session 6:30-8:00 am Girls Session 8:00-9:00 am

Cost: \$75 per individual or \$100 per family All Participants will receive a Camp T-Shirt

AARP Defensive Driving Course

This refresher course you'll learn the current rules of the road, defensive driving techniques and how to operate your vehicle more safely in today's increasingly challenging driving environment. You'll learn how you can manage and accommodate common age-related changes in vision, hearing and reaction

When/Where: June 23— Elbow Lake Community Building Time: 1 - 5 pm

Cost: \$19 for AARP members, \$24 for non-members

Girls in going into 1st - 3rd grade are invited to join us for this years Little Knights Volleyball camp. Camp participants will work on the development of basic volleyball skills while also focusing on sportsmanship, teamwork, and having fun!.. Don't miss out on this great opportunity.... Sign up Today

All Participants will receive a shirt. Please indicate size on registration

Dates: June 18th –18th

Who: Girls going into 2nd–6th Grade Location: WCA Secondary School,

Barrett

Times: 4:00 - 5:30 pm

Cost: \$40



WCA COMMUNITY EDUCATION/YMCA SWIMMING LES-

In cooperation with the Fergus Falls Area Family YMCA, WCA Community Education is happy to provide swim lessons for kids ages 3-13. All lessons are American Red Cross Certified Curriculum taught by trained American Red Cross Certified Water Safety Instructors.

Instructors will not have very much time between lessons, so swimmers are asked to be ready to begin their lesson immediately at their start time. Parents are encouraged to stay and watch lessons. If parents leave the swimming area during lessons, they are asked to be back promptly at the end of the lesson. Instructors will not be able to supervise swimmers in the water who are not in a lesson. Swimming lessons meet regardless of weather. If it is unsafe to swim due to weather, safety skills will be taught in the shelter located near the beach.

Dates: Monday -Thursday July 13th - 23th **Location:** Fairhaven Beach and Elk Lake

Times: 30 minutes (Actual Time Varies for each level and location)

(an overflow class will be held at Elk Lake at 11:45-12:15 pm if need-

Cost: \$50 per swimmer

Class sizes are limited—first come, first served! Must Be Registered <u>Before June 1st!</u>

Pre-K - Prekindergarten—Approx. ages 3-4

Elk Lake: 11:45 - 12:15 pm (max. 5 students) Fairhaven: 1:00 - 1:30 pm (max. 5 students)

LEVEL 1 - Introduction to Water Skills—Approx. ages 5-7

This level is ideal for children that have not had previous swim instruction or are unable or uncomfortable with putting their entire face in the water. The purpose of this level is for students to become more comfortable in the water. Students will become proficient in skills such as: entering and exiting the water safely, submerging entire face, using a life jacket and beginning front and back float.

Elk Lake: 11:10 - 11:40 am (max. 18 students) Fairhaven: 1:00 - 1:30 pm (max. 6 students)

LEVEL 2 - Fundamental Aquatic Skills—Approx. ages 7-8

This level is ideal for children that are able to put their face in the water but are unable to independently float on their front and back. The purpose of this level is for students to begin to develop fundamental water skills. In this level, students will learn to swim unaided 15 feet on either their front or back as well as entering the water by jumping or stepping from the side, treading water, roll over from back-to-front and front-to-back.

Elk Lake: 10:35 - 11:05 am (max. 18 students) **Fairhaven:** 1:00 - 1:30 pm (max. 6 students)

LEVEL 3 - Stroke Development—Approx. ages 8-9

In this level, students will continue to build on the fundamentals learned in the previous levels. The skills mastered in this level include: rotary breathing, front and back crawl, butterfly kick and body motion, standing or kneeling dive, survival float, tread water for 30 seconds, as well as emergency situation Check—Call—Care.

Elk Lake: 10:00 - 10:30 am (max. 21 students) **Fairhaven:** 1:30 - 2:00 pm (max. 7 students)

LEVEL 4 - Stroke Improvement—Approx. ages 9-10

In this level, students will develop confidence in the skills learned in previous levels as well as improve other aquatic skills. The skills mastered in this level include: swimming 25 yards of front and back crawl as well as 15 yards of butterfly, breaststroke and elementary backstroke. In addition to these skills, water safety will also be implemented through the learning of a throwing assist, safe diving rules and how to care for a choking victim.

Elk Lake: 11:45 - 12:15 pm (max. 8 students) Fairhaven: 1:30 - 2:00 am (max. 8 students)

LEVEL 5 - Stroke Refinement—Approx. ages 9-12

In this level, students will further coordinate and refine skills they have learned in past levels. Students will master the following skills: standing dive, pike and tuck surface dives, front and back crawl, sidestroke, breaststroke, shallow dive, front flip turn and elementary backstroke.

Elk Lake: 11:45 - 12:15 pm (max. 8 students) Fairhaven: 1:30 - 2:00 pm (max. 8 students)

LEVEL 6 - Swimming and Skill Proficiency—Approx. ages 11-13

In this level, students will focus on endurance and stroke technique. The purpose of this level is for students to refine strokes and be able to swim with ease, efficiency, power and effectiveness over great distances. Some skills for lifeguarding and fitness will be taught.

Elk Lake: 11:45 - 12:15 pm (max. 8 students) **Fairhaven:** 1:30 - 2:00 pm (max. 8 students)

WCA Knights Summer Care

This summer, WCA North Elementary will be offering the Knights Summer Care Program to students in Pre-K through grade 5. Students will have an opportunity to enjoy fun summer programming that includes outdoor activities, arts and crafts, team events and some educational reinforcement. Those that are enrolled in the Knights Summer Program are still able to enjoy other community education classes including Summer Rec.

WCA Community Education will also be partnering with Prairie Ridge Hospital And Health Services to provide lunches to students throughout the summer as well. A monthly menu will be sent home so families can decide whether or not they would like hot lunch or cold lunch each day.

Dates: June 3rd - August 30th

Location: WCA North Elementary Wrap Around Room

Times: 7:30 am - 5:30 pm

Cost:

North Summer Steam Camp

All students going into 1st through 4th grade are invited to Summer Steam Camp.

June Classes—June 2, 9, 23— Planters, Watermelon Art & Lego Challenge

July Classes—July 14, 21, 28—Paper Shoes, 3D Sculpture Art, Lego Challenge

Augusts Classes—August 4, 11, 18— "The DOT" Art, Waterslide Engineering, Lego Challenge

Location: North Elementary STEAM Room

Cost: \$30 per month

Time: 4:30-6pm

South Summer Steam Camp

All students going into 1st through 5th grade are invited to Summer Steam Camp.

At STEAM Camp, you don't just learn science, technology, engineering, arts, and mathematics. You make it. You create it. You build it.

Join us to open a new door into your creative side...

Dates: June 15th

Location: WCA South Elementary School Cafeteria

Times: 12 p.m. - 5 p.m.

Cost: \$35

Please note student will need to bring lunch and snack.



West Central Area Community Education 2020 Summer Recreation

Welcome Parents and Families:

To Register for any of our summer programs, please visit our website www.isd2342.org and click on Community Education. You will be directed to our new Community Education Registration page. Or you may call the District Office at 320-528-7305.

Thank you for choosing WCA Community Education!

Registration will be open on Monday, May 18th!

Serving the communities of Barrett, Elbow Lake, Wendell, Kensington, and Hoffman.